

THE **TRUSTED LEADERS** IN Children's Behavioral Health

Every child and family can expect exceptional, outcomes-based mental health support and services.



1 in 5 youth face mental health challenges

Yet 70% of children and teens don't receive the care they need. Without support, their struggles can grow, impacting learning, straining families, and contributing to a growing mental health crisis among our youth.

But there is hope. Healing is possible. And no family should have to walk this path alone.



50%

of all lifetime mental illnesses begin before age 14



90%

of youth lost to suicide had a diagnosable mental health condition



70%

of youth in juvenile detention have a mental, emotional, or behavioral health disorder



A Hopeful Healing Place for Children and Families

Since 1887, families across Greater San Diego and beyond have chosen the San Diego Center for Children when they didn't know where else to go. What sets us apart is the extraordinary breadth of expertise we bring to every child, family, and caregiver we serve; from early outpatient therapy and Parent-Child Interaction Therapy all the way through intensive programs and wraparound family support.

The San Diego community continues to recognize us as a place of hope and transformation for families facing serious mental health challenges.

OUR CARE

Centered on Families

Our exceptional team supports over 1,000 youth and caregivers daily through personalized, trauma-informed care that meets families where they are.



Whole-Person Treatment

Including therapy, assessments, psychiatric care, and 24/7 residential support



Holistic Healing

Through art, music, pet, culinary, and recreational therapies



Education with Empathy

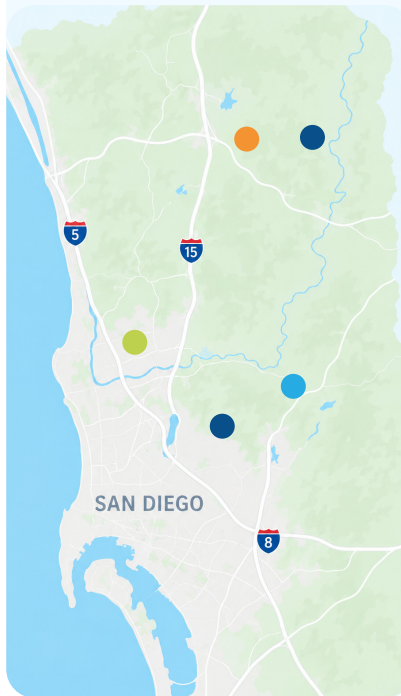
A WASC-accredited K–12 nonpublic school on our beautiful therapeutic campus, plus behavioral health support in local schools



Flexible Levels of Care

From outpatient therapy to in-home support, intensive outpatient care, partial hospitalization care, and residential treatment

Our Locations



- San Pasqual
- Escondido
- Linda Vista Main Campus
- La Mesa – Alvarado
- Mission Valley

Transforming Lives Together: Our Impact Is Measurable



90%

of youth show
measurable improvement
after treatment



94%

transition to a lower or
same level of care



100%

of youth have active family
involvement throughout
treatment

You are not alone. Hope and healing start here.

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