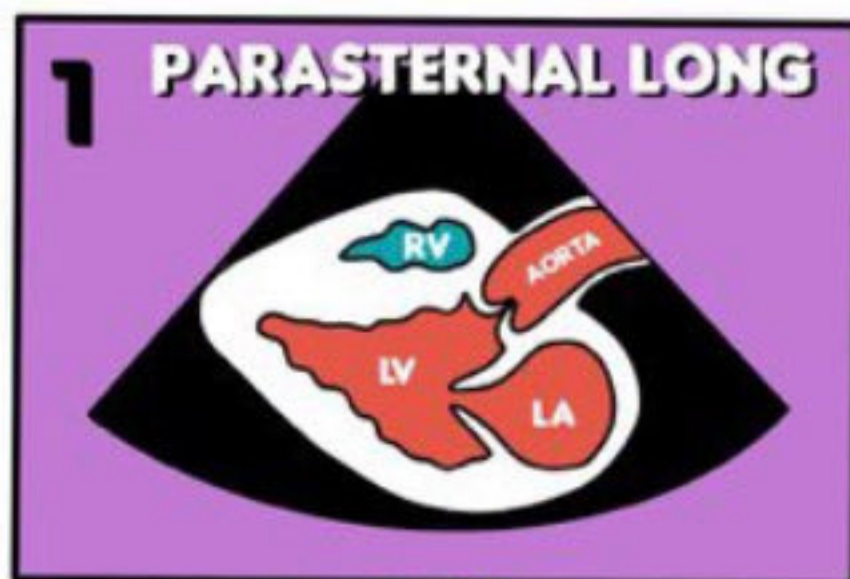
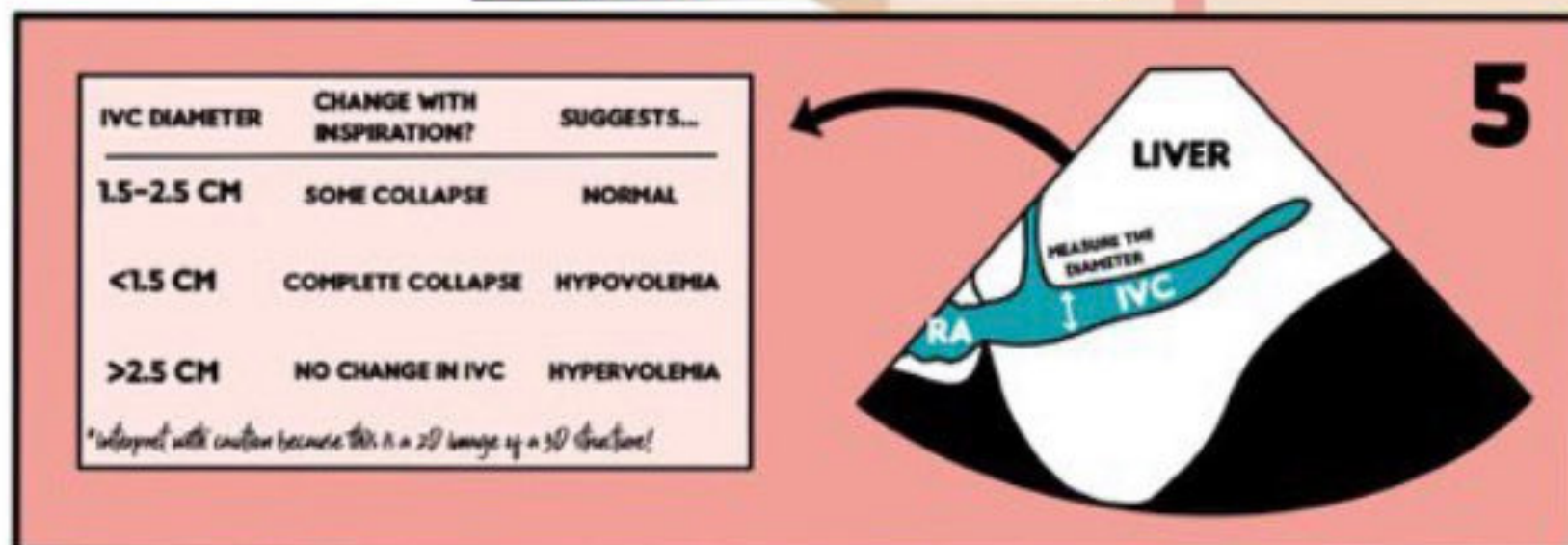
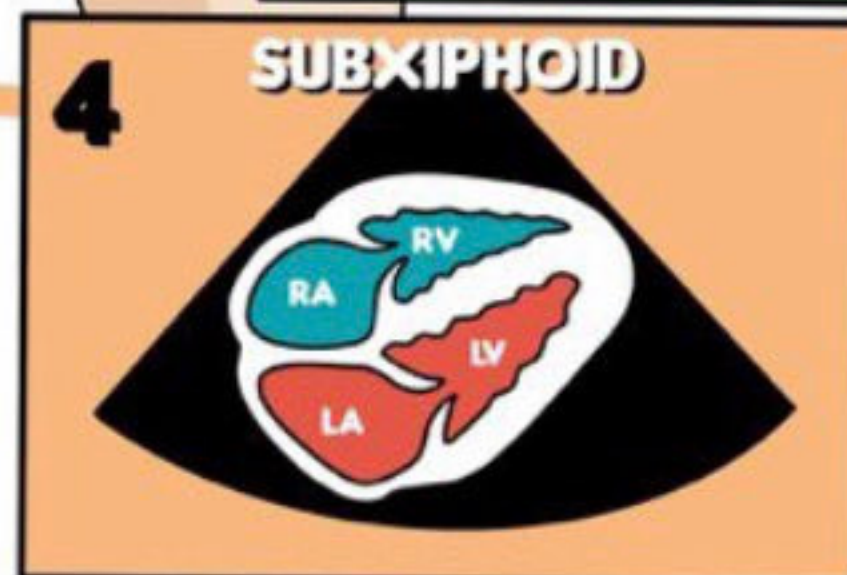
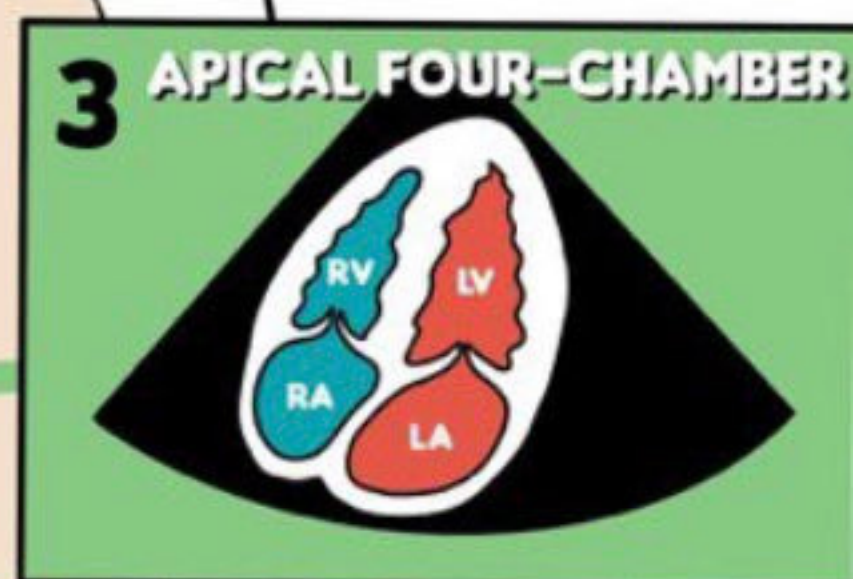
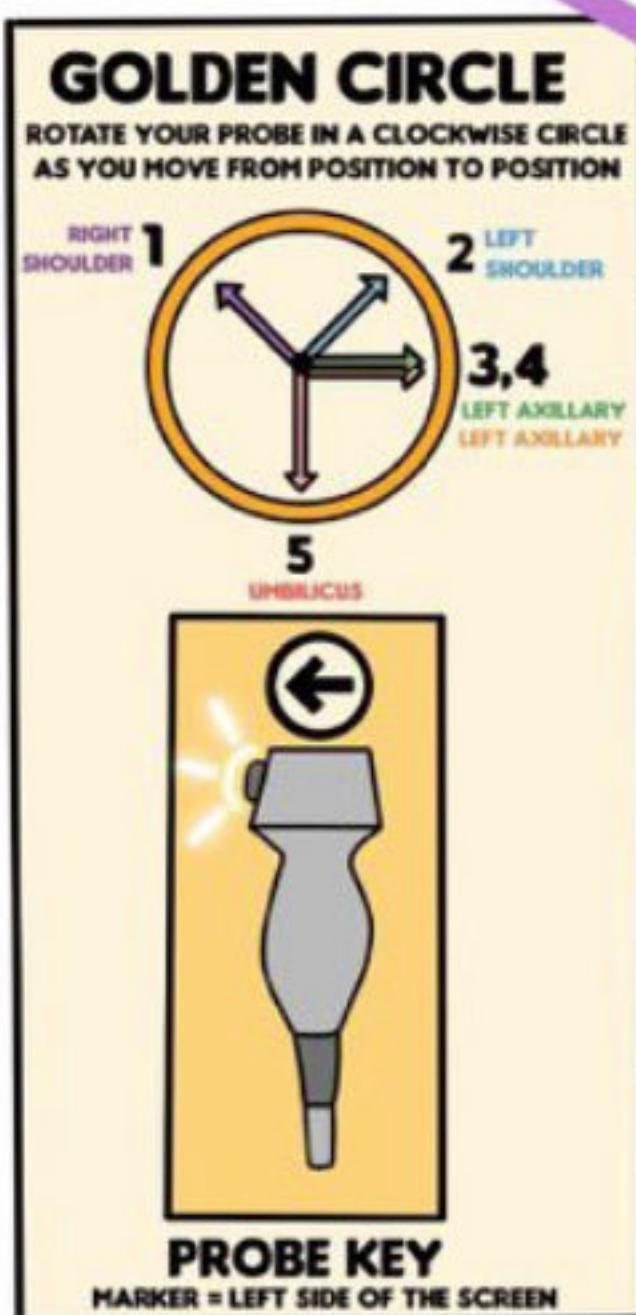
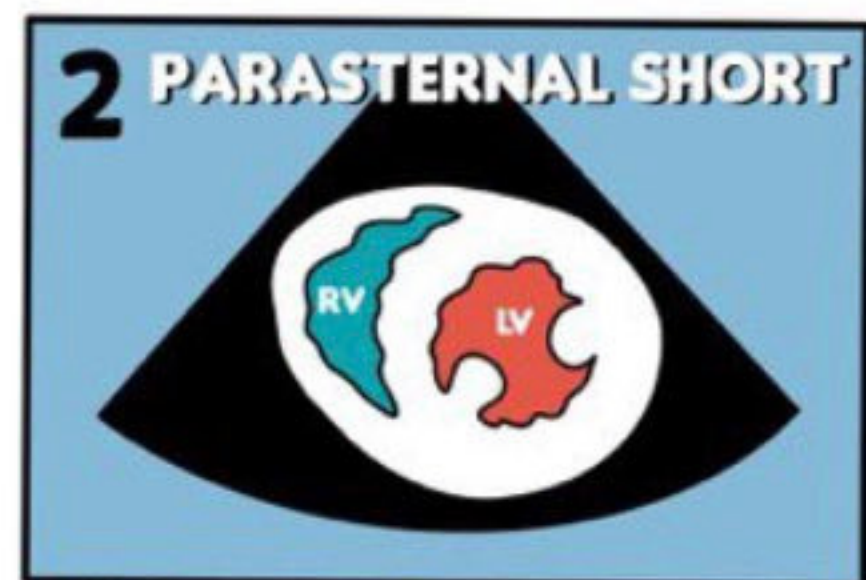


BEDSIDE ECHO / POCUS

THE GOLDEN CIRCLE AND THE GOLDEN SPIRAL



GOLDEN SPIRAL
MOVE YOUR PROBE FROM POSITION TO POSITION IN THIS SPIRAL PATTERN TO OBTAIN ALL 5 VIEWS, STARTING WITH PARASTERNAL LONG



WHAT TO LOOK FOR:

- LVEF (GOOD, MODERATE, OR POOR?)
- PERICARDIAL EFFUSION
- FLUID STATUS (CHECK IVC)
- SEPTAL FLATTENING (IF CONCERN FOR PE)

