



# Pedi Crisis CRITICAL EVENTS CHECKLISTS

## For use in the peri-anesthesia setting

Revision Jan 2023. TOC Jan 2023. Formatted June 2020. Available at <a href="https://pedsanesthesia.org/checklists/">https://pedsanesthesia.org/checklists/</a>

1	Air Embolism
2	Anaphylaxis
3	<b>Anterior Mediastinal Mass</b>
4	Bradycardia
5	Bronchospasm
6	Cardiac Arrest: Pulseless VF/VT, PEA, Asystole
7	<b>Chest Compressions: Supine/Prone</b>
8	Difficult Airway
9	Fire: Airway
10	Fire: OR (Non-airway)
11	Hyperkalemia
12	Hypertension, Acute
13	Hypotension
14	Hynovia

Call for help!
Code Team
PICU
Fire
Overhead STAT
ECMO
Notify surgeon/team

15	<b>Intracranial Pressure</b>			
16	Laryngospasm			
17	<b>Local Anesthetic Toxicity</b>			
18	Loss of Evoked Potentials			
19	Malignant Hyperthermia			
20	Massive Hemorrhage			
21	Myocardial Ischemia			
6	PEA			
22	<b>Pulmonary Hypertension</b>			
23	Status Epilepticus			
24	Tachycardia, unstable/SVT			
25	Tamponade, Cardiac			
26	Tension pneumothorax			
27	Transfusion Reaction			
28	Trauma			
29	Maternal OB Hemorrhage			

Use expert clinical judgment when using this and all emergency manuals.

# **Air Embolism**

 $\downarrow$  EtCO<sub>2</sub>  $\downarrow$  SaO<sub>2</sub>  $\downarrow$  BP, mill-wheel murmur

- Notify team, stop nitrous oxide and volatile agents. Increase O<sub>2</sub> to 100%
- Stop air entrainment: Find air entry point, stop source, and limit further entry
- Ask surgeon:
  - Flood wound with irrigation/soaked saline dressing
  - Stop all pressurized gas sources, e.g. laparoscope, endoscope
  - Place bone wax or cement on exposed bone edges
  - Check for open venous lines or air in IV tubing
  - Position surgical site below heart, head down, lateral (if possible)
- Consider:
  - Compress jugular veins intermittently if head or cranial case
- If hypotensive:
  - Give EPINEPHrine 1-10 MICROgrams/kg IV, consider infusion EPINEPHrine 0.02-1 MICROgrams/kg/min IV or NOREPInephrine 0.05-2 MICROgrams/kg/min IV
  - Chest compressions: 100-120/min to force air through lock, even if not in cardiac arrest
  - If available, call for TEE/US. Consider ECMO
- If cardiac arrest, see 'Cardiac Arrest' card
- Consider Differential (Partial)
  - Embolus (fat, thrombotic, cement, amniotic fluid)
  - Anaphylaxis
  - Local anesthetic systemic toxicity



# **Anaphylaxis**

- Increase O<sub>2</sub> to 100%, evaluate ventilation
- Remove suspected trigger(s)
  - If latex is suspected, thoroughly wash area
- If HYPOtensive, turn off anesthetic agents

## **Common causative agents:**

- Neuromuscular blockers
- Latex
- Chlorhexidine
- IV colloids
- Antibiotics

Indications	Treatments	
To restore intravascular volume	NS or LR, 10-30 mL/kg IV/IO, <b>rapidly</b>	
To increase BP and reduce mediator release	■ EPINEPHrine 1-10 MICROgrams/kg IV/IO, as needed or 10 MICROgrams/kg IM q5-15 min as needed	
	<ul> <li>May need EPINEPHrine infusion 0.02-1 MICROgrams/kg/min IV</li> </ul>	
	■ If BP remains low, give Vasopressin 10 MILLIunits/kg IV	
To reduce histamine- mediated effects	DiphenhydrAMINE 1 mg/kg IV/IO (MAX 50 mg) or Famotidine 0.25 mg/kg IV (MAX 20 mg)	
To reduce mediator release	MethylPREDNISolone 2 mg/kg IV/IO (MAX 100 mg)	
To reduce bronchoconstriction	Albuterol (Beta-agonists) 4-10 puffs, repeat as needed	

- Send tryptase within 3 hours
- Consider Differential (partial):
  - Severe bronchospasm from URI or underlying condition: go to 'Bronchospasm' card
  - · Air, fat, thrombotic, or cement embolus: go to 'Air Embolism' card
  - Sepsis: support BP, antibiotics

# **Anterior Mediastinal Mass**

## **Intra-operative Treatments**

## **Airway Collapse**

- Increase O<sub>2</sub> to 100%
- Increase FiO<sub>2</sub>
- Add CPAP for spontaneous ventilation;
   add PEEP for controlled ventilation
- Reposition to lateral or prone
- Ventilate via rigid bronchoscope

## **Cardiovascular Collapse**

- Increase O<sub>2</sub> to 100%
- Give fluid bolus
- Reposition to lateral or prone
- Ask surgeon for sternotomy and elevation of mass
- Consider ECMO

## **Preoperative Considerations**

## **High Risk Factors**

- Etiology:
  - Hodgkin's and non-Hodgkin's lymphoma
- Clinical signs:
  - Orthopnea, upper body edema, stridor, wheezing
- Imaging findings:
  - Tracheal, bronchial, carinal, or great vessel compression; SVC or RVOT obstruction; ventricular dysfunction; pericardial effusion

#### **Anesthetic Plan**

- Perform surgery under local anesthesia, if possible
- Pre-treat with irradiation or corticosteroids
- Maintain spontaneous ventilation and avoid paralysis
- Ensure availability of fiberoptic and rigid bronchoscope
- Cardiopulmonary bypass or ECMO
- Type and cross and sternal saw (for surgeons) available

# **Bradycardia**

Definition:

Age	< 30 days	<b>HR</b> < 100
	≥ 30 days < 1 yr	< 80
	≥ 1 yr	< 60

- If hypotensive, pulseless, or poor perfusion: start chest compressions. See 'Cardiac Arrest' card
  - Give EPINEPHrine 10 MICROgrams/kg IV
  - Call for transcutaneous pacer (see inset)
    - Start pacing, when available
- Confirm NSR. If heart block or slow junction/ventricular, call EP
- If NOT hypotensive or pulseless:

Etiology	Treatment		
Нурохіа	■ Increase O <sub>2</sub> to 100%		
(most common)	<ul><li>Ensure ventilation</li></ul>		
	■ See 'Hypoxia' card		
Vagal	Atropine 0.01-0.02 mg/kg IV		
Surgical	<ul><li>Stop stimulation</li></ul>		
Stimulation	<ul><li>If laparoscopy, desufflate</li></ul>		
Ca-Channel Blocker	<ul> <li>Calcium chloride 10-20 mg/kg IV or Calcium gluconate 50 mg/kg IV</li> </ul>		
Overdose	<ul> <li>If ineffective, Glucagon as dosed below</li> </ul>		
Beta-Blocker Overdose	<ul> <li>Glucagon 50 MICROgrams/kg IV, then 0.07 mg/kg/hour IV infusion (MAX 5 mg/hr)</li> <li>Check blood sugar</li> </ul>		

#### **Instructions for PACING**

- Place pacing ECG electrodes AND pacer pads on chest per package instructions
- 2. Turn monitor/defibrillator ON, set to PACER mode
- 3. Set PACER RATE (ppm) to desired rate/min. (Can be adjusted up or down based on clinical response once pacing is established)
- 4. Increase the milliamperes (mA) of PACER OUTPUT until electrical capture (pacer spikes aligned with QRS complex; threshold normally 65-100mA)
- 5. Set final mA to 10mA above this level
- 6. Confirm pulse is present
- 7. Must change pacing pads hourly to avoid burns

# **Bronchospasm**

↓ EtCO<sub>2</sub>, upslope stage III EtCO<sub>2</sub>
↑ airway pressures, ↓ SpO<sub>2</sub>

Intubated Patient	Non-Intubated Patient	
<ul><li>Increase FiO2 to 100%</li><li>Auscultate the chest:</li></ul>	<ul> <li>If ETT in, go to 'Intubated Patient' column on this card (at the left)</li> </ul>	
• Equal breath sounds?	Administer supplemental oxygen	
<ul><li>Endobronchial ETT?</li><li>Wheezing?</li></ul>	<ul> <li>Auscultate the chest, differentiate from stridor/extrathoracic airway obstruction</li> </ul>	
<ul><li>Check ETT:</li><li>Kinked?</li></ul>	<ul> <li>Consider inhaled albuterol (with spacer)</li> <li>2.5-5 mg. If severe, 5-20 mg/hr inhaled</li> </ul>	
• Secretions/blood in ETT? Needs suctioning?	Consider chest radiograph	
<ul> <li>Consider albuterol 2-10 puffs, repeat as needed</li> <li>Consider deepening anesthetic</li> </ul>	<ul> <li>Consider IV steroids: methylprednisolone 1 mg/kg IV (MAX 60 mg)</li> </ul>	
<ul> <li>If needed, give ketamine 1-2 mg/kg IV</li> <li>If severe, consider</li> <li>EPINEPHrine 1-2 MICROgrams/kg IV (MAX 1 mg)</li> </ul>	or dexamethasone 0.15-0.25 mg/kg (MAX 16 mg)	
<ul> <li>Consider IV steroids: methylprednisolone 2 mg/kg IV (MAX 60 mg) or dexamethasone 0.15-0.25 mg/kg (MAX 16 mg)</li> </ul>	<ul> <li>If severe, consider EPINEPHrine</li> <li>1-2 MICROgrams/kg IV (MAX 1 mg) or</li> <li>10 MICROgrams/kg</li> <li>subcutaneous/intramuscular (MAX 0.5 mg)</li> </ul>	
<ul> <li>Consider chest radiograph</li> <li>For refractory bronchospasm, consider magnesium sulfate 50-75 mg/kg (MAX 2 grams) bolused over 20</li> </ul>	<ul> <li>If severe, consider ICU and/or advanced airway management.</li> </ul>	
minutes, (CAUTION, may cause hypotension)		

## **Differential Diagnosis**

- Endobronchial intubation
- Mechanical obstruction of ETT
  - Kinking
  - · Solidified secretions or blood
  - Overinflation of tracheal tube cuff
- Inadequate depth of anesthesia
- URI/tobacco exposure
- Foreign body

- Pulmonary edema
- Tension pneumothorax
- Aspiration pneumonitis
- Pulmonary embolism
- Persistent coughing and straining
- Asthmatic attack
- Anaphylaxis

# Cardiac Arrest: Pulseless VF/VT, PEA, Asystole

Pulseless cardiac arrest

- Notify team, designate team leader, call for help and code cart/defibrillator
- Increase O<sub>2</sub> to 100%. Turn off anesthetics. Start timer
- If ETT, 100-120 chest compressions/min + 10 breaths/min. Avoid hyperventilation
- If no ETT, 15:2 compression:ventilation ratio (100-120 chest compressions/min + 8 breaths/min)
- For chest compressions, maximize  $EtCO_2 > 10$  mmHg (see next card for more details):
  - Switch compressor every 2 min
  - Use sudden increase in EtCO<sub>2</sub> for ROSC, Do NOT stop compressions for pulse check
- Obtain defibrillator. Attach pads. If VF/VT, shock 2 joules/kg. Continue chest compressions for 2 minutes
- Assign roles. Designate a scribe/recorder. Notify family. Continue with items in yellow box

#### Repeat sequence below until return of spontaneous circulation:

- If still in VF/VT, shock 4 joules/kg q2 min (up to 10 joules/kg on subsequent shocks)
- Resume chest compressions immediately regardless of rhythm
- EPINEPHrine 10 MICROgrams/kg IV q 3-5 min while in arrest (MAX 1 mg)
  - If still no ROSC after second dose of EPINEPHrine, activate ECMO (if available)
- Check pulse & rhythm q 2 min during compressor change
- Check for reversible causes (Hs and Ts) early and often (see table below)
- Lidocaine 1 mg/kg bolus (MAX 100 mg); may repeat (total: 2 doses) OR amiodarone 5 mg/kg bolus; may repeat (total: 3 doses)
- Repeat sequence in this box until return of spontaneous circulation

#### **Hs and Ts: Reversible Causes**

- Hypovolemia
- Hypoxemia
- Hydrogen ion (acidosis)
- Hyperkalemia/Hypoglycemia
- Hypothermia

- Tension Pneumothorax
- Tamponade (Cardiac)
- Thrombosi
- Toxin (anesthetic, β-blocker)
- Trauma (surgical or nonsurgical bleeding)

# **Chest Compressions: Supine / Prone**

- Chest compression instructions (see previous card for full CPR instructions):
  - Place patient on backboard, maintain good hand position; if prone, see instructions below
  - Maximize  $EtCO_2 > 10$  mmHg with force/depth of compressions
  - Allow full recoil between compressions
  - Switch compressor every 2 min
  - Use sudden increase in EtCO<sub>2</sub> for ROSC, Do NOT stop compressions for pulse check

# **Prone: Children/Adolescents**

If no midline incision: Compress with heel of hand on spine and second hand on top

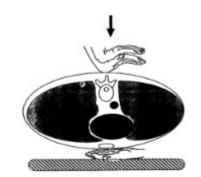


Figure I

If midline incision: Compress with heel of each hand under scapula

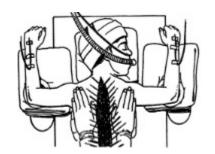


Figure 2

## **Prone: Infants**

Compress with encircling technique:

- If no midline incision: thumbs midline
- If midline incision: thumbs lateral to incision



Figure 3

Figure 1: From Dequin P-F et al. Cardiopulmonary resuscitation in the prone position: Kouwenhoven revisited. Intensive Care Medicine, 1996;22:1272

Figure 2: From Tobias et al, Journal of Pediatric Surgery, 1994:29, 1537-1539

Figure 3: Original artwork by Brooke Albright-Trainer, MD



# **Difficult Airway, Unexpected**

- Increase O<sub>2</sub> to 100% and maintain continuous oxygen flow during airway management
- Call for help, surgical airway expert and cart, rigid bronchoscope and tracheostomy kit
- If unable to mask ventilate, ask for 2-handed assistance and:
  - Insert oral and/or nasal airway
  - If unsuccessful, insert supraglottic airway (e.g., LMA)
  - Decompress stomach with orogastric tube
  - Consider reversing rocuronium or vecuronium with sugammadex (16 mg/kg). Call to obtain if not in OR.
- If able to re-establish pt spontaneous ventilation:
  - Consider awakening patient
  - Consider reversal of neuromuscular blocker
- After two attempts: change providers, position, and blade, consider alternate approaches (see table)
- If macroglossia (e.g. Beckwith-Wiedemann, Pierre-Robin), or mediastinal mass, consider prone or lateral position
- If still unable to ventilate, consider:
  - Rigid bronchoscopy
  - Jet ventilation
  - Emergency invasive/surgical airway such as cricothyrotomy or tracheostomy (Note: difficult in infants)



# Alternative Approaches for Intubation

- Video-laryngoscope
- Bougie
- Intubating LMA
- Fiberoptic scope
- Intubating stylet
- Blind oral
- Blind nasal

# **Fire: Airway**

## Fire in tracheal tube, circuit, canister

- Simultaneously:
  - Disconnect circuit from tracheal tube then remove tracheal tube
  - Stop all gas flow (O<sub>2</sub>, N<sub>2</sub>O)
  - Remove sponges and other flammable materials from airway
  - Pour saline into airway
- Re-intubate and re-establish ventilation
  - If intubation difficult, don't hesitate to obtain surgical airway
- Consider bronchoscopy to assess for thermal injury
  - Look for tracheal tube fragments
  - Remove residual material
- Impound all equipment and supplies for later inspection
- Maintain ventilation. Assess for inhalation injury
- Consider input from ENT, pulmonary, plastic surgery
- Consider PICU
- Shut off gases to affected OR if fire not self-contained
  - Verify gases are not shut off to adjacent rooms



Picture from ECRI: www.ecri.org

# Fire: OR (non-airway)

Fire in OR, equipment smoke, fumes, flash/fire on patient

- Simultaneously:
  - Stop flow of medical gases
  - Remove drapes and all burning and flammable material from patient
  - Make one attempt to extinguish fire by pouring saline on fire
- If fire not extinguished on 1<sup>st</sup> attempt, use CO<sub>2</sub> fire extinguisher
- If fire persists:
  - Activate fire alarm
  - Remove patient from OR
  - Confine fire by closing all OR doors
  - Turn off O<sub>2</sub> gas supply to OR
- Maintain ventilation. Assess for inhalation injury
- Consider input from ENT, pulmonary, plastic surgery
- Consider PICU
- Shut off gases to affected OR if fire not self-contained
  - Verify gases are not shut off to adjacent rooms
- Impound all equipment and supplies for later inspection



Picture from ECRI: www.ecri.org

# Hyperkalemia

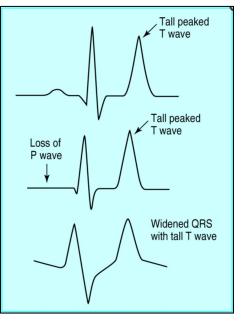
#### **Treatment:**

- If hemodynamically unstable, start CPR/PALS
- Hyperventilate with 100% O<sub>2</sub>
- Calcium gluconate 60-100 mg/kg or calcium chloride 20 mg/kg IV
  - Directly visualize site to avoid infiltration
  - Flush tubing after calcium administration
- Stop K+ containing fluids (LR/RBC); switch to NS
- Dextrose IV 0.5-1 g/kg and insulin IV 0.1 Unit/kg (MAX 10 units)
- Albuterol puffs or nebulized, once cardiac rhythm stable
- Sodium bicarbonate IV 1-2 mEq/kg
- Furosemide IV 0.5-1 mg/kg
- Consider terbutaline 10 MICROgrams/kg load, then 0.1-10 MICROgrams/kg/min
- If cardiac arrest > 6 min, activate ECMO (if available)
- Dialysis if refractory to treatment
- If transfusion required, use washed or fresh RBC

## **Manifestations:**

K+ > 6 mEq/L

- Tall peaked T wave
- Heart block
- Sine wave
- V fib or asystole



From: Slovis C, Jenkins R. BMJ 2002

## **Causes of Hyperkalemia:**

- Excessive intake: massive or "old" blood products, TPN, cardioplegia, KCl infusion
- Shift of K+ from tissues to plasma: crush injury, burns, succinylcholine, malignant hyperthermia, acidosis
- Inadequate excretion: renal failure
- Pseudohyperkalemia: hemolyzed sample, thrombocytosis, leukocytosis

# **Hypertension, Acute**

Sustained high blood pressure refractory to treating reversible causes

- In pediatrics, hypertension is almost always treated by addressing likely causes such as light anesthesia or measurement error:
  - Ensure correct BP cuff size: cuff bladder width ~ 40% of limb circumference
  - Ensure arterial line transducer is at level of heart

_	Consider	placing	arterial	line if	not already	y present
---	----------	---------	----------	---------	-------------	-----------

Hypertensive Blood Pressure Range*			
Age (yr) Systolic Diastoli			
newborn	>97	>70	
1-3	>105	>61	
4-12	>113	>86	

\* **CAUTION:** Anti-hypertensive drugs are almost never needed for routine pediatric cases. These medications are used almost exclusively for specialized cardiac, neurosurgical, or endocrine (pheochromocytoma) cases. Consult an expert before use. Rule-out increased ICP.

Action	Drug (IV Dosing)	
Direct smooth muscle relaxation	<ul> <li>Sodium nitroprusside 0.5-10 MICROgrams/kg/min</li> <li>HydrALAZINE 0.1-0.2 mg/kg (adult dose 5-10 mg)</li> </ul>	
β-Adrenergic blockade	<ul> <li>Esmolol 100-500 MICROgrams/kg over 5 min, then 25-300 MICROgrams/kg/min</li> <li>Labetalol (also α effect) 0.2-1 mg/kg q 10 min; 0.4-3 mg/kg/hour (infusion)</li> </ul>	
Calcium channel blockade	<ul><li>niCARdapine 0.5-5 MICROgrams/kg/min</li><li>Clevidipine 0.5-3.5 MICROgrams/kg/min</li></ul>	
D1-dopamine agonist	■ Fenoldopam 0.2-0.8 MICROgrams/kg/min	

- Consider Differential (Partial):
  - Light anesthesia (consider vaporizer or infusion pump empty or malfunctioning)
  - Hypercarbia

- Hypoxemia
- Arterial line transducer too low or BP cuff too small
- Withdrawal (EtOH or opioid)
- Thyroid Storm
- Pheochromocytoma
- Drug Error

# **Hypotension**

Sustained low blood pressure with patient at risk for end-organ hypoperfusion, typically > 20% below baseline

- Ensure oxygenation/ventilation
- Turn anesthetic agents down or off
- Check cuff size and transducer position
- Consider placing arterial line
- Give appropriate treatment (see table below)

Age	BP (mmHg)*		
infant	MAP 30 or post-conceptual age in weeks		
3 mo – 1 yr	65 – 68		
1 – 3 yr	68 – 74	< 5 <sup>th</sup> % Systolic BP	
4 – 12 yr	70 – 85	75 75 57516116 21	
> 12 yr	85 – 92		

\* Numbers are only a guide and vary by patient and situation

	↓ Preload	↓ Contractility	↓ Afterload
Causes	<ul> <li>Hypovolemia/hemorrhage</li> <li>Vasodilation</li> <li>Impaired venous return</li> <li>Tamponade</li> <li>IVC compression (prone, obese, surgical)</li> <li>Pneumothorax/pneumoperitoneum/PE</li> </ul>	<ul> <li>Negative inotropic drugs (anesthetic agents)</li> <li>Arrhythmias</li> <li>Hypoxemia</li> <li>Heart failure (ischemia)</li> <li>Hypocalcemia/blood product administration</li> </ul>	<ul> <li>Drug-induced vasodilation</li> <li>Sepsis</li> <li>Anaphylaxis</li> <li>Adrenal crisis</li> <li>Hypocalcemia</li> <li>Thyroid crisis</li> </ul>
	■ Increased PIP or PEEP		
Treatment	<ul> <li>Expand circulating blood volume (administer fluids rapidly, consider PRBCs and albumin)</li> <li>Trendelenberg position</li> <li>Place or replace IV; consider intraosseous line</li> </ul>	<ul> <li>Start inotrope if needed:         <ul> <li>DOPamine 2-20</li> <li>MICROgrams/kg/min IV infusion, or</li> <li>EPINEPHrine 1-10 MICROgrams/kg</li> <li>IV bolus</li> <li>then EPINEPHrine 0.02-1</li> <li>MICROgrams/kg/min IV infusion</li> </ul> </li> </ul>	<ul> <li>Start vasopressor if needed:         phenylephrine 1-20         MICROgrams/kg IV bolus, then         phenylephrine 0.1-2         MICROgrams/kg/min IV infusion,         or         norepinephrine 0.05-2         MICROgrams/kg/min IV infusion</li> </ul>
	<ul> <li>Calcium chloride 10-30 mg/kg IV or Calcium gluconate 50 mg/kg IV</li> </ul>		<ul> <li>Go to 'Anaphylaxis' card, if appropriate.</li> </ul>
		<ul> <li>Review ECG (rhythm, ischemia), send ABG, Hgb, electrolytes</li> </ul>	<ul> <li>Administer steroids for adrenal crisis</li> </ul>

J SpO<sub>2</sub>

# **Hypoxia**

- Turn FiO<sub>2</sub> to 100%
- Confirm presence of end-tidal CO<sub>2</sub>, look for any changes in capnogram
- Hand-ventilate to assess compliance
- Listen to breath sounds
- Consider DOPE: displacement, obstruction, pneumothorax, equipment failure
- Check:
  - ETT tube position and patency. Correct if mainstem or supraglottic, suction to rule out mucous plug, secretions, or kink
  - Consider circuit integrity: kink in circuit or ETT, bronchspasm, obstruction, mucous plug
  - Pulse oximeter: try new probe or changing placement
  - Check BP and HR
  - Consider recruitment maneuvers
  - Consider deepening anesthetic or muscle relaxant if patient-ventilator asynchrony
- Further assessment: Draw blood gas. Perform bronchoscopy, CXR, TEE, ECG
- Consider Differential Diagnosis. If airway cause suspected, see appropriate table below

#### YES, Airway Cause IS Suspected

#### Lungs

- Bronchospasm/atelectasis
- Aspiration
- Pneumothorax
- Pulmonary Edema

#### **ETT**

- Mainstem intubation
- Mucous Plug
- ETT kinked or dislodged

#### **Machine**

- Ventilator settings: RR, TV, I:E ratio, auto-PEEP
- Machine malfunction

## NO, Airway Cause is NOT Suspected

#### **Drugs/Allergy**

- Recent drugs given
- Allergy / anaphylaxis (see 'Anaphylaxis' card)/dose error
- Methylene blue/dyes or methemoglobinemia

#### Circulation

- Embolism air (see 'Air Embolus' card), fat, CO<sub>2</sub>, pulmonary, septic, MI, CHF, cardiac tamponade
- Severe sepsis
- Right to left intracardiac or intrapulmonary shunt
- If associated with hypotension, see 'Hypotension' card

# Revision Mar 2018

# **Increased Intracranial Pressure**

- If GCS < 9, respiratory distress, hemodynamic instability:
  - Secure airway
  - Provide sedation prior to transport
- Keep PaCO<sub>2</sub> 30-35 mmHg and PaO<sub>2</sub> > 80 mmHg
- Maintain cerebral perfusion pressure (discuss goal CPP with team)
- Discuss target ICP with neurosurgery, will often want ICP < 20
- Use vasopressors (phenylephrine or NOREPInephrine) as needed to maintain BP and CPP.
- Consider head of bed at 30°
- Hypertonic saline (3% saline via central venous catheter) 1-5 mL/kg over 20 min, then 0.1-2 mL/kg/hour; goal ICP <20 mmHg
  - Monitor serum sodium
  - Keep osmolarity <360 mOsm/L</li>
- If hypertonic saline not available, can give mannitol 0.25-1 g/kg, over 20 minutes to decrease ICP
- Consider furosemide 1-2 mg/kg (starting MAX 20 mg) to decrease ICP
- Consider seizure prophylaxis: Keppra (levetiracetam) 10-30 mg/kg IV (MAX 2500 mg)
- Consult with neurosurgery colleagues about draining CSF directly or via ventriculostomy
- Refractory elevated ICP treatment, consider:
  - Barbiturate coma
  - Paralysis with non-depolarizing agent

#### AVOID:

- Compression of neck vessels
- Hyperthermia
- Hyperglycemia & dextrose containing solutions (maintain glucose level < 200 mg/dL)</li>

MAP to optimize CPP		
Age (yrs)	MAP	
0-4	>45	
5-8	>55	
>8	>60	

ICP > 20

# **Signs and Symptoms**

Laryngospasm

■ Inspiratory stridor, accessory muscle use, sternal retractions, paradoxical chest movement, airway obstruction,  $\downarrow SpO_2$ ,  $\downarrow HR$ , loss of EtCO<sub>2</sub>

#### **Treatment**

- Notify team to cease stimulation/surgery
- Give 100% O<sub>2</sub>, evaluate ventilation
- Apply CPAP and jaw thrust
- Confirm or establish adequate IV access
- Deepen anesthesia with IV and/or inhaled agents. Consider propofol 1-3 mg/kg
- Give succinylcholine 0.1-2 mg/kg (if no IV: 2-4 mg/kg IM)
- If bradycardia, give atropine 0.02 mg/kg IV (if no IV: 0.04 mg/kg IM)
- Consider direct laryngoscopy to secure the airway and/or suction
- Avoid further patient stimulation during stage 2 anesthesia
- If further airway instrumentation needed, consider airway topicalization with lidocaine
- Monitor for negative pressure pulmonary edema (pink frothy secretions). If present, consider ETT, PPV, PEEP, ICU

## **Differential Diagnosis**

- Circuit disconnect or obstruction
- Upper airway obstruction
- Lower airway obstruction/bronchospasm

# **Local Anesthetic Toxicity**

- Stop local anesthetic
- Request Intralipid kit
- Secure airway and ventilation
- Give 100% O<sub>2</sub>
- Confirm or establish adequate IV access.
- Confirm & monitor continuous ECG, BP, and SaO<sub>2</sub>
- Seizure treatment:
  - Midazolam 0.05-0.1 mg/kg IV
  - Be prepared to treat resultant hypoventilation
- Treat hypotension with small doses of EPINEPHrine 1 MICROgram/kg
- Avoid propofol, vasopressin, calcium channel blockers and beta blockers
- Start Intralipid therapy (see inset box)
- If cardiac instability occurs:
  - Start CPR/PALS
    - Continue chest compressions (lipid must circulate). May need prolonged compressions
- Consider: alert nearest cardiopulmonary bypass/ECMO center & ICU if no ROSC after 6 min
- Monitor and correct acidosis, hypercarbia and hyperkalemia
- Monitor for recurrence for 4-6 hours following the event
- Consider Differential (partial):
  - Anaphylaxis: go to Anaphylaxis card
  - Air, fat, thrombotic, or cement embolus: go to Air Embolism card

## **Intralipid Dosing**

- Bolus Intralipid 20% 1.5 mL/kg over 1 min
- Start infusion 0.25 mL/kg/min
- Repeat bolus every 3-5 min up to 4.5 mL/kg total dose until circulation is restored
- Double the rate to 0.5 mL/kg/min if BP remains low
- Continue infusion for 10 min after hemodynamic stability is restored.
- MAX total Intralipid 20% dose: 10 mL/kg over first 30 min

# **Loss of Evoked Potentials**

Management of signal changes during spine surgery

- Notify all members of health care team. Call a "time out"
- Loss of evoked potentials (EP) requires definitive steps to re-establish perfusion/remove mechanical cause; MEP loss for > 40 min may increase possibility of long term injury
  - Assure the presence of attending surgeon, attending anesthesiologist, senior neurologist or neurophysiologist, and experienced nurse
  - Each service: review situation, report on management and corrective actions taken
    - Surgeon: rule out mechanical causes for loss/change including traction weights
    - EP technologist: rule out technical causes for loss/change
    - Anesthesiologist: assure no neuromuscular blockade is present; reverse NMB if necessary
- Check patient positioning (neck, upper and lower extremities)
- Review the anesthetic and consider improving spinal cord perfusion by modifying:
  - Mean arterial pressure: MAP > 65 mmHg using ePHEDrine 0.1 mg/kg IV (MAX 10 mg/dose) and/or phenylephrine 0.3-1 MICROgrams/kg IV (MAX 100 MICROgrams/dose), with repeated doses as needed
  - Hemoglobin: if anemic, transfuse RBC to improve oxygen delivery
  - pH and PaCO<sub>2</sub>: ensure normocarbia or slight hypercarbia (↑ I/E ratio, ↓ PEEP)
  - Temperature: ensure normothermia
  - Check for "unintended" drugs given (e.g. neuromuscular blocker)
  - Decrease depth of anesthetic and ensure N<sub>2</sub>O is under 50%
- Discuss feasibility of a useful wake-up test:
  - Patient is appropriate candidate if capable of following verbal commands
- Consider high-dose steroid if no improvement:
  - MethylPREDNISolone 30 mg/kg IV over one hour, then 5.4 mg/kg/hour IV for 23 hours

# **Malignant Hyperthermia**

↑ Temp ↑ HR ↑ CO<sub>2</sub> acidosis

MH hotline 1-800-644-9737

- Get MH Cart, dantrolene, and help
- Notify team and stop procedure, if possible
- Stop volatile anesthetic, succinylcholine.
- Attach charcoal filter. Turn O<sub>2</sub> flow to 10 L/min
- Hyperventilate patient to reduce EtCO<sub>2</sub>
- Give dantrolene 2.5 mg/kg IV, rapidly, through large bore IV if possible, every 5 min until symptoms resolve. May need up to 10 mg/kg (if no response at this dose, consider alternative diagnoses)
  - Dantrium/Revonto: Assign dedicated person to mix these formulations of dantrolene (20 mg/vial) with 60 mL non-bacteriostatic sterile water
  - Ryanodex: 250 mg is mixed with 5 mL non-bacteriostatic sterile water
- Transition to non-triggering anesthetic
- Give sodium bicarbonate 1-2 mEq/kg IV for suspected metabolic acidosis
- Cool patient:
  - Apply ice externally to axilla, groin and around head
  - Infuse cold saline intravenously
  - NG and open body cavity lavage with cold water
  - Stop cooling when temperature < 38° C
- Hyperkalemia treatment:
  - Calcium gluconate 30 mg/kg IV or calcium chloride 10 mg/kg IV;
  - Sodium bicarbonate 1-2 mEq/kg IV;
  - Regular insulin 0.1 units/kg IV (MAX 10 units) and dextrose 0.5-1 g/kg IV
- VT or afib treatment: Do NOT use calcium channel blocker; give amiodarone 5 mg/kg
- Send labs: ABG or VBG, electrolytes, serum CK, serum/urine myoglobin, coagulation
- Place urinary catheter, maintain UO > 2 ml/kg/hr
- If cardiac arrest occurs, begin CPR & consider ECMO, see 'Cardiac Arrest' card
- If no response after 10 mg/kg dantrolene, consider other dx: sepsis, NMS, serotonin synd., myopathy, pheochromocytoma
- Call ICU to arrange disposition. For post-acute management, see: http://www.mhaus.org

20

# **Massive Hemorrhage**

- Notify Blood Bank immediately, send blood sample for type and cross
- Activate institutional pediatric massive transfusion protocol. Consider
   RBC: FFP: Platelets = 2:1:1 or 1:1:1
  - Use un-crossmatched O negative PRBCs and AB+ plasma until crossmatched blood available
  - Consider intraoperative blood salvage (e.g., Cell Saver)
- Obtain additional vascular access if needed
- Watch for hyperkalemia, if needed give calcium gluconate 60 mg/kg or calcium chloride 20 mg/kg while directly visualizing IV site (if peripheral)
- Warm the room
- Send labs/perform point of care testing q 30 min: CBC, platelets, PT/PTT/INR, fibrinogen, rapid TEG, ABG, Na, K, Ca, lactate
- Blood product administration:
  - Use 140 micron filter for all products
  - Use a blood warmer for RBC and FFP transfusion (NOT for platelets)
  - Consider use of rapid transfusion pumps
  - Monitor ABG, electrolytes, and temperature
- Consider TXA 10-30 mg/kg IV bolus then 5-10 mg/kg/h IV infusion
- When under control: call blood bank to terminate

#### **Treatment**

- HCT < 21% or Hgb < 7:
  - 4 ml/kg PRBC increases Hct by 3%
- Platelet count < 50,000 (< 100K for brain injury), rapid TEG-MA < 54mm:</p>
  - 10 ml/kg apheresed platelets increases platelet count by 30 50k
- INR > 1.5 (or > 1.3 brain injury), rapid TEG-ACT >120 sec:
  - 10ml/kg plasma increases coagulation factors by 20%
- Fibrinogen < 100 mg/dL or rapid TEGangle<66°, k value >120 sec:
  - 10 ml/kg cryoprecipitate increases fibrinogen by 30-50 mg/dL
- Refractory hemorrhage
  - Consider factor VIIa, up to 90 MICROgrams/kg

## **Treatment:**

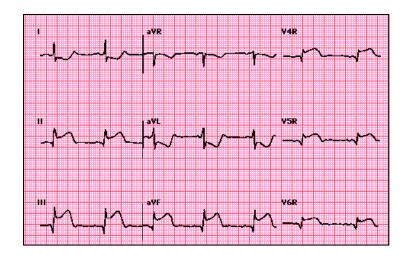
- Improve O<sub>2</sub> Supply:
  - Increase O<sub>2</sub> to 100%

**Myocardial Ischemia** 

- Correct anemia
- Correct hypotension
- Decrease O<sub>2</sub> Demand:
  - Reduce heart rate
  - Correct hypertension
  - Restore sinus rhythm
- Drug therapy (rarely needed in peds, consult a pediatric cardiac expert):
  - NitroGLYCERIN 0.5-5 MICROgrams/kg/min
  - Consider heparin infusion 10 Units/kg bolus, then 10 Units/kg/hour

#### **Potential Causes:**

- Severe hypoxemia
- Systemic arterial hypo- or hypertension
- Marked tachycardia
- Severe anemia
- Coronary air embolus
- Cardiogenic shock
- Local anesthetic toxicity



## Recognition

- ST depression >0.5 mm in any lead
- ST elevation >1 mm (2mm in precordial leads)
- Flattened or inverted T waves
- Arrhythmia: VF, VT, ventricular ectopy, heart block

## **Diagnostic studies**

- 12-lead ECG:
  - II, III, aVF for inferior (RCA)
  - V5 for lateral ischemia (LCx)
  - V2, V3 anterior ischemia (LAD)
- Compare to previous ECGs
- Request Pediatric Cardiology consult and echocardiogram

## **Initial Management**

- Give 100% O<sub>2</sub> Call stat for inhaled nitric oxide (iNO) 20-40 ppm. Reduced O<sub>2</sub> saturation may not be immediate
- Consider stat TEE and ECMO
- Deepen anesthetic/sedation, consider fentanyl 1 MICROgram/kg or ketamine 0.5-1 mg/kg
- Administer muscle relaxant
- If poor perfusion, consider chest compressions early

**Pulmonary Hypertensive Crisis** 

## **Hypotension Management**

- If hypotensive, give vasopressin 0.03 units/kg bolus, then:
  - To maintain perfusion:

Vasopressin 0.17-0.67 milliunits/kg/minute = 0.01 to 0.03 units/kg/hour

or

NOREPInephrine 0.05-0.3 MICROgrams/kg/min

#### **Ventilation**

 Ventilate with low airway pressures & long expiratory phase to maintain adequate tidal volume, avoid atelectasis and preserve FRC. Maintain normocapnia or mild hypocapnia. PEEP may worsen pulmonary hypertension

## **Further Management**

- Administer isotonic fluid judiciously to achieve normovolemia and to reduce acid load, correct acidosis with sodium bicarbonate
- Maintain NSR and AV synchrony
- Temperature: ensure normothermia

## **Crisis Management**

- If cardiac arrest occurs or is imminent, give epinephrine 1-10 MICROgrams/kg
- If cardiac arrest occurs, begin CPR and call for ECMO as CPR may be ineffective if no intracardiac communication

23

# **Status Epilepticus**

- Confirm ABCs: Airway, Breathing, Circulation
- Increase O<sub>2</sub> to 100% consider intubation
- Place monitors: ECG, SpO<sub>2</sub>, BP, EtCO<sub>2</sub>
- Obtain IV access
- Stop local anesthetic infusion/injection
- Check glucose. If <60 mg/dL, give D25W IV:</p>
  - <2 years: 4 mL/kg</li>
  - ≥2 years: 2 mL/kg
- Pick one:

#### Preop/PACU/Natural Airway

- Prepare to immediately intubate if needed
- Give benzodiazepine IF available
  - IF IV access:
    - Midazolam or lorazepam or diazepam 0.1-0.2 mg/kg (MAX 20 mg) may give 2<sup>nd</sup> dose
  - IF NO IV access:
    - Midazolam intranasal or IM
       0.4 mg/kg (MAX 20 mg)
- If seizures continue, go to 'Intraop/ Assisted Ventilation' box on right

#### Consider:

- Causes: Hypoglycemia, hyponatremia, hypothermia
- Additional causes: Hypoxia, local anesthetic toxicity, increased ICP, hypotension, air embolism (go to relevant card)
- ABG/VBG and temperature monitoring
- Postop PICU

#### **Intraop/Assisted Ventilation**

- Maintain adequate ventilation
- Increase inhaled anesthetic to 1.5-2 MAC, or give propofol 2 mg/kg IV (avoid if on ketogenic diet) or midazolam 0.1 mg/kg IV (repeat up to 2x every 3 min, if needed)
- If movement could be dangerous, consider neuromuscular blockade and pausing surgery
- Create safer environment, if needed (e.g. removal from Mayfield pins)
- If seizure >6 minutes, consider anticonvulsants in consultation with ICU and neurology, following pharmacy infusion instructions:
  - Levetiracetam 50 mg/kg IV (MAX 4.5 g), then Fosphenytoin 20 mg PE/kg IV (MAX 1.5 g PE), then Valproic acid 40 mg/kg IV (MAX 3 g) after 10 min, if needed (for >10 years old)
- Watch for myocardial suppression, vasoplegia, or rhabdomyolysis: may be associated with poorly controlled or prolonged seizures
- If seizure ≥ 15 min, consult expert and see American Epilepsy Society Guidelines

# Tachycardia, unstable/SVT

- Call for defibrillator and code cart. Typically infant >=220 bpm, child >=180 bpm
- Place patient on backboard. Attach defibrillator pads
- Give 100% O<sub>2</sub>, stop anesthetic agents, notify team, consider cardiology consult
- If NO pulse present: start CPR/PALS; go to 'Cardiac Arrest' card
- If pulse present: administer appropriate treatment (see table below)

Treatment					
Narrow complex: p waves present before every QRS	SVT, tachyarrythmia	Wide complex	Torsade de Pointes: polymorphic VT with prolonged QT		
<ul> <li>Probably sinus tachycardia</li> <li>Identify and treat underlying etiology</li> </ul>	<ul> <li>Consider vagal maneuvers</li> <li>Adenosine: 1st dose 0.1 mg/kg IV, rapid push (6 mg MAX); 2nd dose 0.2 mg/kg IV (12 mg MAX)</li> <li>Synchronized cardioversion: 0.5-1 joule/kg, additional shocks @ 2 joules/kg</li> </ul>	<ul> <li>Amiodarone         <ul> <li>5 mg/kg IV bolus</li></ul></li></ul>	<ul> <li>Magnesium sulfate 25-50 mg/kg IV/IO (MAX 2 g)</li> <li>Lidocaine 1 mg/kg IV (MAX 100 mg)</li> <li>Sodium bicarbonate (for quinidine-related SVT) 1 mEq/kg IV</li> <li>Temporary pacing (see 'Bradycardia' card)</li> </ul>		

# **Tamponade, Cardiac**

Tamponade physiology occurs when increased pericardial pressure impairs diastolic filling

#### **Signs & Symptoms**

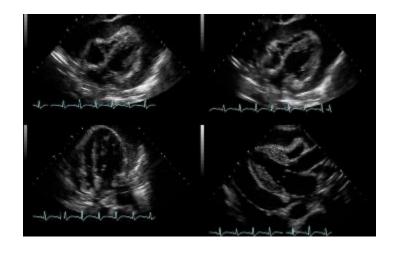
- Beck's Triad: muffled heart tones, distended neck veins, decreased systolic blood pressure
- Pulsus Paradoxus: cyclic inspiratory decrease in systolic BP of more than 10mmHg
- Electrical Alternans: cyclic alteration in magnitude of p waves, QRS complex & t-waves
- Typical presentation of acute tamponade = sudden hypotension, tachycardia & tachypnea; patient may be unable to lie flat

## **Diagnosis**

 Echocardiography/ultrasound: diastolic compression or collapse of RA/RV, leftward displacement of ventricular septum, exaggerated increase in RV size with reciprocal decrease in LV size during inspiration

## Treatment - imaging is key in deciding treatment

- Pericardiocentesis awake/local for large effusions prior to GA
- Surgical for postoperative tamponade (cause is often local collections of clotted blood)



#### **Anesthetic Considerations**

- Progressive decrease in SV with an increased CVP → systemic hypotension → cardiogenic shock
- Goals: maintain sympathetic tone and CO via ↑ HR and contractility/fluid bolus prn
  - Induction: Ketamine (1-2 mg/kg IV), muscle relaxant
  - If CV collapse: EPINEPHrine 0.05-0.1 MICROgrams/kg IV bolus or infusion (0.01-0.1 MICROgrams/kg/min)
  - Access: Large bore PIV; arterial line ideal but should not delay treatment in hemodynamically unstable patient
  - Avoid: cardiac depression, vasodilation,  $\lor$  HR;  $\land$  airway pressure (will  $\lor$  venous return) so may need small tidal volumes or hand ventilation

## **Differential Diagnosis**

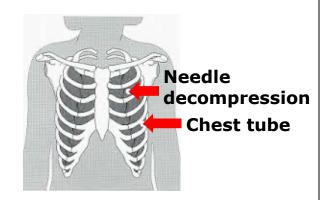
- CHF, PE
- If pulsus paradoxus: respiratory distress, airway obstruction, COPD, PE, RV infarction

# S 0 0 rax

# **Tension Pneumothorax**

↑ HR ↓ SpO<sub>2</sub> ↓ BP tracheal deviation, mediastinal shift

- Stop N<sub>2</sub>O; increase O<sub>2</sub> to 100%
- Perform immediate needle decompression, then chest tube placement
- Needle decompression:
  - 2<sup>nd</sup> rib space superior to 3<sup>rd</sup> rib, mid-clavicular line
    - 14-16g angiocath for teens/adults
    - 18-20g angiocath for infants/children
- Secure airway with endotracheal tube
- Reduce positive ventilation pressure
- Consider CXR, lung ultrasound, transillumination to confirm diagnosis (see inset)
- Administer vasopressors for circulatory collapse
- Chest tube insertion
  - 5-6<sup>th</sup> intercostal space, mid-axillary line
- If no improvement in hemodynamics after a rush of air, consider:
  - Needle decompression of contralateral side
  - Presence of pneumopericardium
  - Scan both lungs with ultrasound or transillumination to evaluate for alternate side or insufficiently decompressed pneumothorax



Downloaded from: http://www.uwhealth.org/images/ewebeditpro/ uploadimages/5384\_Figure\_1.jpg

## **Lung Ultrasound Instructions**

 High frequency probe, place longitudinally on chest, 2<sup>nd</sup> intercostal space. Slide probe downwards to observe pleural sliding



- If see pleural sliding, 100% positive predictive value no pneumothorax
- If no pleural sliding, consider pneumothorax, ARDS, fibrosis, acute asthma, pleurodesis

### For All Reactions:

- Stop transfusion
- Disconnect donor product and IV tubing

**Transfusion Reactions** 

- Infuse normal saline through clean tubing
- Examine blood product ID; determine correct pt
- Send product to Blood Bank
- Determine the type of reaction:

	Hemolytic	Non-Hemolytic	Anaphylactic
Signs	Hemoglobinemia, hemoglobinuria, DIC, ↓ BP, ↑ HR, bronchospasm	↓ BP, bronchospasm, pulmonary edema, fever, rash	Erythema, urticaria, angioedema, bronchospasm, tachycardia, shock
Treatment	<ul> <li>Furosemide 1-2 mg/kg IV (MAX 40 mg)</li> <li>Mannitol 0.25-1 g/kg</li> <li>Support BP to maintain renal perfusion</li> <li>Maintain urine output at least 1-2 mL/kg/hour</li> <li>Prepare for cardiovascular instability</li> <li>Send blood and urine sample to laboratory</li> </ul>	<ul> <li>Treat fever</li> <li>Treat pulmonary edema</li> <li>Observe for signs of hemolysis</li> </ul>	<ul> <li>Support airway and circulation as necessary</li> <li>EPINEPHrine         1-10 MICROgrams/kg IV</li> <li>DiphenhydrAMINE         1 mg/kg IV (MAX 50 mg)</li> <li>MethylPREDNISolone         2 mg/kg IV (MAX 60 mg)</li> <li>Maintain intravascular volume</li> </ul>

## Set-up prior to patient arrival to OR:

- Assemble team and assign roles
- Estimate weight and prepare emergency drugs
- Warm the room

Trauma

- Gather equipment:
  - Airway supplies
  - Line placement and monitoring devices
  - Fluid warmer/rapid infusion device
  - Code cart with programmed defibrillator
- Type and cross blood products. Activate massive transfusion protocol if indicated

## On patient arrival to OR:

- Maintain c-spine precautions for transport
- Secure/confirm airway (often aspiration risk, unstable c-spine)
- Ensure adequate ventilation (maintain PIP < 20 cm H<sub>2</sub>0)
- Obtain/confirm large-bore IV access (central or intraosseous if peripheral unsuccessful)
- Assess hemodynamic stability.
  - If hypovolemic, pre-induction fluid bolus recommended: 20 mL/kg LR or NS (repeat x 2) and/or 10 mL/kg RBCs or 20 mL/kg whole blood
- Arterial and central venous line placement if indicated
- Maintain normothermia
- Monitor and treat associated conditions
  - Anemia, coagulopathy, acidosis, electrolyte derangements
- Continuously assess for undiagnosed secondary and/or developing injuries, blood loss
- Consider TXA 10-30 mg/kg IV bolus then 5-10 mg/kg/h IV infusion

# MATERNAL CRISIS

# **MATERNAL Postpartum Hemorrhage**

Loss of >500mL after vaginal birth, or >1,000mL after cesarean delivery

- ATTENTION: This checklist is for ADULT-SIZED maternal patients ONLY
- Prepare for crystalloid and blood product resuscitation
- Obtain vascular access with 2 large-bore IVs
- Call Blood Bank to activate Massive Transfusion with PRBC:FFP:platelet in a 4:2:1 ratio. Ask blood bank to prepare next round when each round is picked up.
  - Give calcium chloride ADULT DOSE 200-500mg/Unit PRBCs, in separate line. Monitor for hyperkalemia
  - Consider giving tranexamic acid early
  - If refractory hemorrhage, consider fVIIa and cryoprecipitate or fibrinogen concentrate
- Give uterotonics
- Call for rapid transfuser or pressure bags
- Warm room, patient and fluids (NOT platelets)
- Send CBC, PT/PTT/INR, fibrinogen, calcium, K, ABG

<b>Obstetric Interventions</b>	Consider
Intrauterine balloon	Arterial line
External uterine compression sutures	If awake, convert to general anesthesia
Uterine artery ligation	Embolization in IR
Hysterectomy	TEG/ROTEM monitoring

#### **Treatment**

#### **ADULT MATERNAL Uterotonics:**

- Oxytocin ADULT DOSE 3-5 Units rapid infusion, then start 40 Units slow infusion
- Methylergonovine (Methergine)
   ADULT DOSE 0.2mg IM NOT IV,
   may repeat in 2 hours (AVOID in HTN and pre-eclampsia)
- Carboprost (Hemabate) ADULT DOSE 0.25mg IM NOT IV, may repeat q 15 minutes up to 8 doses (AVOID in asthma, pulmonary hypertension)
- Misoprostol ADULT DOSE 800-1000 MICROgrams rectal

#### Hemostatics:

- Tranexamic acid ADULT DOSE 1g IV
- If low fibrinogen, give cryoprecipitate ADULT DOSE 10 units or fibrinogen concentrate
- If refractory hemorrhage, consider factor VIIa 90
   MICROgrams/kg, up to 3 doses