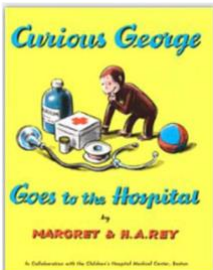




Books to Help Children Prepare for Surgery SPA Parental Resources

Michelle LeRiger, MD, Marci Franzen, MD, Children's Hospital & Medical Center, Omaha, NE



[Curious George Goes to the Hospital](#)

Authors: Margret & H.A. Rey

Ages: 2-6 years

Description: George swallows a puzzle piece and must go to the hospital. He doesn't feel well, and he is scared. Everyone at the hospital takes good care of him and after his procedure he feels well enough to cause some trouble before the Man with the Yellow Hat takes him home.

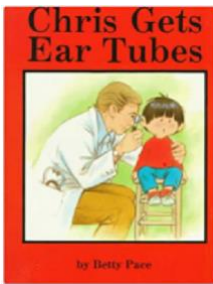


[S is for Surgery: A Kids Surgery Book from A-Z](#)

Author: Dyan Fox

Ages: 4-10 years

Description: Written by a mother whose child has a condition requiring multiple procedures, this book includes everything she wishes they would have known before her daughter's first surgery and things they have learned since. From anesthesia to IVs, this book describes npo, pain scales, and surgery in a kid-friendly manner and it includes games and puzzles on every page.



[Chris Gets Ear Tubes](#)

Author: Betty Pace

Ages: 3-8 years

Description: A little boy named Chris needs ear tubes. He is scared when he learns he needs an operation. His trip to the hospital is not as scary as he thinks. After his procedure he can hear a lot better.

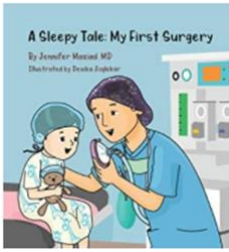


[The Surgery Book for Kids](#)

Author: Shivani Bhatia, MD

Ages: 3-10 years

Description: Written by a pediatric anesthesiologist. A little boy named Iggy snores like an elephant and get sick frequently, so he needs his big marshmallow tonsils out. His mom and dad help explain surgery and anesthesia sleep. The book discusses sleepy medicine, IVs, and the operating room as Iggy encounters each.

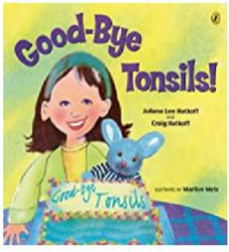


[A Sleepy Tale: My First Surgery](#)

Author: Jennifer Maziad, MD

Ages: 2-6 years

Description: A rhyming tale of a little boy's surgery adventure. This book provides a light-hearted yet informative description of the surgical process for children.

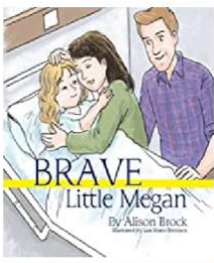


[Good-Bye Tonsils](#)

Authors: Juliana Lee Hatkoff and Craig Hatkoff

Ages: 4-8 years

Description: A little girl named Julianna needs to have her tonsils out. She prepares by reading some books and talking to a friend who has had surgery. She has her procedure and discovers that it wasn't so scary after all. Even though her throat hurts a little afterwards, she gets to eat ice cream and popsicles.

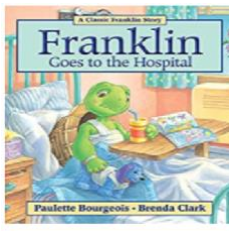


[Brave Little Megan](#)

Author: Alison Brock

Ages: 4-8 years

Description: Megan learns she needs back surgery. She is scared. But after her procedure she is proud of how strong and brave she was. Her back feels better and she is glad she had surgery.

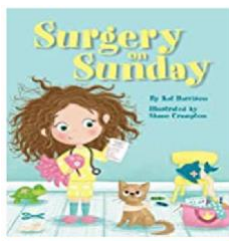


[Franklyn Goes to the Hospital](#)

Authors: Paulette Bourgeois and Brenda Clark

Ages: 3-8 years

Description: Franklyn cracks his shell playing with friends. He needs an operation to place a pin so his shell can continue to grow strong. Even though Franklyn is scared, he goes to the hospital to get his shell fixed.

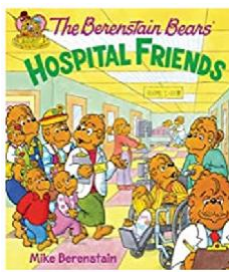


[Surgery on Sunday](#)

Author: Kat Harrison

Ages: 4-8 years

Description: Sunday is nervous about having ear surgery. She has lots of questions and her stomach feels funny thinking about it. She learns that surgery isn't so bad after all.



[The Berenstain Bears: Hospital Friends](#)

Author: Mike Berenstain

Ages: 4-8 years

Description: Brother and Sister Bear get a tour of the hospital when they go to visit Cousin Fred after he has his tonsils out. They visit a lot of amazing places, including where patients get ready for their operations and where they wake up from their operations.